Sonora ISD Student Health Advisory Council

Regular Meeting April 24, 2024 Minutes

In Attendance:

Jill Hazelton Brittany Welborn
April Ramirez Scott Gaskill
Pennie Litterell Kelly Owen
Christina Rodriguez Tiffany Weston
Whitt Peaslee Brandon Litterell
Brandee Peaslee Katy Crain

Minutes:

- 1. Agenda posted at the Administration building
- 2. Meeting was recorded and will be posted on the website.
- 3. Reviewed the presentation on Health Education regarding Sexually Transmitted Diseases for all Secondary Students.
 - a. Discussed Health class for High School students is very needed
 - b. Sexuality curriculum is a part of Health class that is truly needed
 - Idea to have the syllabus discuss what the class will cover to inform parents, and have them sign
 - Staffing issues mentioned as an issue for having a Health class for High School
 - 7th grade is only grade with health at this time and it was a half semester and discussed need for a full year of health
- 4. HOPE curriculum discussed as being taught in Science classes next year
 - Requirement by the state to have no less than 10 hours education on dangers of opioids for grades 6-12
- 5. Spring Blood Drive was a little slow due to timing being after Spring Break
- 6. Autism walk was very well supported by Law Enforcement, family and the school and was lots of fun

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- 7. Special Olympics on April 30th
 - Letter jackets for the Sonora High School Olympic participants were ordered with donated money and have arrived
 - Snow Cones will be available, Medivac will be present and there will be Hot Dogs donated by the Knights of Columbus
- 8. Track and Field Day on May 10th
 - PTO is in charge this year
 - Discussed Unified Champion Schools providing free healthy snacks through Special Olympic organization
- 9. Plan to re visit Wellness Plan next year in preparation for Triennial Assessment the following year
- 10. Next meeting will be the beginning of the new school year 2024-2025 Date TBD
- 11. Adjourned